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 Principal ● Zlatko Pear

Inspirational.

Issue 2: 15th Feb 2019

A few words from the Principal.....Zlatko Pear

Calendar

February

19-20 Year 11
 Feathertop Hike

27 Year 7-12 Swimming
 Sports

March

1 Primary Swimming
 Sports

5-6 Year 12 Falls to
 Hotham Hike

8 Year 7 immunisations

19-20 OE Bogong Hike

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Student Attendance – Every Day Counts

Research shows that *'going to school every day is the single most important part of a child's education'*.

Now that the school year is in full swing it is a good time to remind ourselves of the importance of regular school attendance. The Education Department is making the monitoring attendance a priority this year. As a school we now must inform the Department when any student has five or more days away from school in any term. They will then contact families directly, asking for an explanation and to offer support.

Attending school every day enables students to maximise their full educational potential and to actively participate and engage in their learning. Students who are regularly absent from school are at risk of missing out on fundamental aspects of their educational and social development.

Ensuring that students attend school each day is the shared responsibility of all parents/caregivers, students and the College. The College has a responsibility to provide an environment where students are safe and feel a sense of belonging. We will continue to work hard to ensure that classes are engaging and cater to every child's individual needs.

Parents/Caregivers are responsible for getting their children to and from school. Students are expected to attend school on time, every day, unless the school receives a valid reason for being late or absent.

Dropping off and picking up students

The car park off Prince St is a staff car park, and a parking area for visitors throughout the day. Parents are reminded that this can not be used as a pick up or drop off point because of the increased risk of injury to students. Parents can pick up and drop off students safely along Mummery Rd. Please contact the College if you have any questions regarding this. We look forward to your support in keeping our children safe.

.....Zlatko Pear

Myrtleford P12 College is a Child Safe School.

All our Child Safe policies can be accessed on the College website.
<http://www.myrtlefordp12.vic.edu.au>

COLLEGE ANNOUNCEMENTS

Canteen

Open- Monday, Thursday and Friday
Closed- Tuesday and Wednesday

Students will need to bring food from home on the days the canteen is closed.

BREAKFAST CLUB



Tuesday
 in the SLA for cheese toasties
Friday
 in the canteen for toast and cereal

SEEKING ITEMS FOR SCIENCE DEPARTMENT



Clear 1.25 litre soft drink bottles

2 or 4 litre ice cream containers (square)

Shoe boxes

A stand or desk fan with 3 speeds

Myrtleford P12 College
Inspirational.

P-6 Friday Assembly

Term 1
 Friday Period 6
 Multi-Purpose Room

Format of P-6 Assemblies:
 (Year 6 Students to MC)

Welcome
 National Anthem
 Singing
 P-2 Class Awards
 Presentation of Special Work
 3-6 Class Awards
 Special Announcements
 End

Term 1 Roster

Week	Class Presenting Special Work
3	4L
4	6B
5	No Assembly (Swimming)
6	1/2L
7	3H
8	5W
9	2O



Mr Pear has really been getting involved this week!
 Play time on the new playground... and reading a story to the Grade 2's in the library!



FREE FROZEN FUN!



FREE ICE STICKS FOR ALL STUDENTS & STAFF
 LUNCHTIME MONDAY 18 FEBRUARY 2019 OUTSIDE THE CANTEEN
 ANOTHER FUN EVENT BY MP12C PARENTS CLUB

Leadership Elections

CAPTAINS

Lachlan Macgowan Brooke Parolin

VICE CAPTAINS

Alexander Cameron Emlyn Connor

HOUSE CAPTAINS



Barwidgee

Jock Pascoe
Darcy Crisp

Ovens

Lachlan Macgowan
Amber Howell

Buffalo

Sam Crisp
Brooke Parolin

P-6 SCHOOL CAPTAINS



Here are some photos of all the students who presented speeches and went up for election for captains and house captains.

SRC MEMBERS



Class Representatives

1L	Nitya Patel
1/2L	Jaali Ramia-Majors
2O	Will Hughes
3M	Isabelle Morrison
3H	Connor McEwan
4L	Paige Kiss
5W	Indi Espejo
5C	Will Evans
6B	Meah Richardson
6HM	(Leaders)
Leaders	Lachlan Macgowan Brooke Parolin Alexander Cameron Emlyn Connor

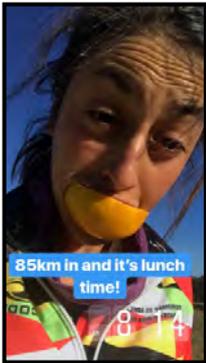
Miss Conroy's Charity Ride reflection...

On Saturday 2nd of February, our alarms started going at 3:30am. It was the day that we began our 840km charity ride, from Torquay to Adelaide.

Each morning we prepared ourselves in the dark, ready to depart on our bikes at 5am. The first 1.5-2 hours, we were riding in the dark. Although we had adequate lights, it was difficult to see any more than 50m ahead, or wildlife such as kangaroos sitting on the side of the road. Communication amongst riding teams was vital for safely getting through to riding in the daylight hours. We stopped for lunch between 9 and 10am which felt strange, because back at school, that's fruit break time! However, as we had already covered over 100km by that time, it was important to refuel our bodies.

We were considerably lucky with the weather. Day 2 peaked at 46 degrees Celsius, and Day 5 brought rain (but that was good for the local farmers). Most mornings hit a low of between 5 and 10 degrees so there was a lot of layering up and down. We had some perfect days of 30 degrees with the wind behind us in the afternoon.

I learned a lot on the ride about cycling, myself and just how lucky we all are. My biggest lesson was interpreting the different road surfaces throughout the ride. I saw the road surfaces like our learning and life journeys. At times it was bumpy or rough. There were holes that seemed to pop up out of nowhere, which would shake us up a little. All of these challenging surfaces made us appreciate the smooth sections though. Each day we had a range of surfaces to get across, there was never a day where it was all smooth cycling, and never a day where it was only rough and bumpy.



After completing 100km on Day 5, Mrs Watson arranged a video call and the Year 5s each gave me a message of encouragement to get me over the Adelaide Hills. Team members were listening in the background and were blown away by the positive and inspiring attitudes of the students. This is a credit to all involved in our school community.

It was an amazing experience and worth every minute and cent I invested into participating. The best part was coming back to school to see our (myself and Mrs Watson's) Year 5s had an amazing "welcome whiteboard" set up for me. Not to mention their amazing affirmation displays and recounts they had been working on whilst I was pedalling away. Turns out if you just go and ride 840km, they miss you and become more motivated!

I started to type a list of the things I learned on the ride, then I decided to ask the Year 5s what they learned from my ride and reflective video diaries I sent across the 6 days....

Lessons the Year 5s learnt:

- Never Give up and just keep trying.
- Don't doubt yourself even when others doubt you.
- Don't let people put you down for things you know you can do.
- Even if you win something, you still help other people.
- It's nice to support others.
- Being positive pays off in the end.
- You can achieve anything if you put in the work for it.
- Stick to your goals.
- Winning isn't the key, helping others is.
- Don't let fear stop you from doing things you love.
- Positive or negative, your actions always impact others (not just yourself).
- There may be bumps in your life/learning journey, but you can get over them.
- Team work makes the dream work.
- Communication is key for keeping everyone safe.
- If you talk the talk, you need to walk the walk (or ride the ride).
- If you persist and persevere through challenges, you can always overcome them.



Sometimes the hardest things we do, turn out to be the most challenging and rewarding. An enormous thank you from the Herbalife Nutrition Foundation and myself to everyone who has donated- every cent is going towards disadvantaged children and creating equal opportunity for success throughout our Nation.

You can still donate via the following link until the end of February <https://www.gofundme.com/hnf-bike-ride>

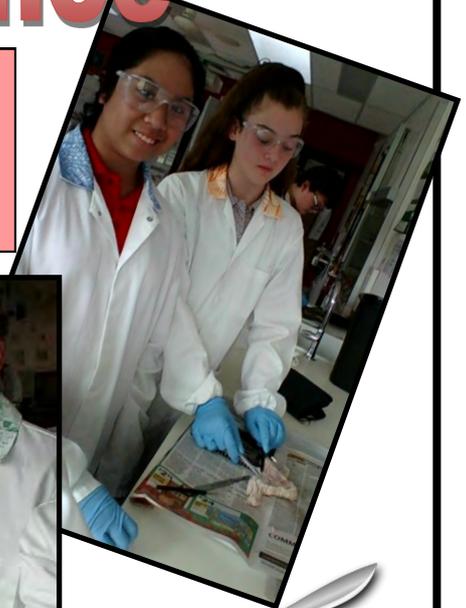
.....Caitlin Conroy

Year 8 in Science



The year 8s did their first dissection in Year 8 Science last week. There are many budding surgeons in this group!

Lia Mitchell



PARENTS CLUB NEWS

PLANNING MEETING

Thank you to everyone who came and contributed ideas at the first meeting of the year, where we planned activities and fundraisers for the year. I am pleased to have some new helpers come along!

The next meeting & AGM will follow Monday morning assembly (~9:10am) on 18th March in the Prince Street Staffroom. All welcome. If you cannot attend, still share your fundraising ideas with me.

2019 ACTIVITIES

First up are free icy poles for all students and staff at lunchtime on Monday 18th February - yum! On the FUN side, expect to see new activities sponsored by Parents Club including an adventure obstacle course, funding a rock musical concert, a multicultural incursion and more. Stay tuned!

GET INVOLVED!

All these events require help to FUNraise for FUN so we ask that every family contribute to the assorted raffles and fundraisers, and/or volunteer to help run them. Currently, a small proportion of families get involved and contribute so if this continues, there won't be funds for your children to continue enjoying these FUN events.

SEEKING HELPERS

- * Fresh Fruit Friday - co-sponsored by Parents Club and FoodWorks, fruit platters are prepared for all the primary and some high school classes. Help is needed every Thursday night/Friday morning to chop up fruit.
- * BINGO - held at the Buffalo Hotel on Tuesday by the dedicated Jo McKibbin. Her children finished school at P12 years ago but she continues to work tirelessly to raise thousands of dollars every year for Parents Club. Thank you! She needs a helper every Tuesday 1:00 to 3:30pm, perhaps a great activity for a grandparent.

Feel free to contact me to offer help or with fundraising ideas on 0439488378.

Claire

FREE FROZEN FUN!



FREE ICE STICKS FOR ALL STUDENTS & STAFF
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ANOTHER FUN EVENT BY MP12C PARENTS CLUB

Mr Slotegraaf is riding to cure cancer-Tour de Cure

On March 1st 2019, I will be tackling the grueling High Country Tour de Cure cancer fundraising challenge. Over four days I will ride over 500km of some of the most challenging road climbs in the country. However, this is not as challenging as being faced with a diagnosis of cancer, or when a loved one or friend is diagnosed or is battling the terrible disease. Everyone knows someone that has been affected by cancer. I lost my Aunty only two years ago to breast cancer, and know several others that are fighting the terrible disease. With this in mind I have decided that I will do my best to raise as much funds as possible and undertake a fundraising challenge that I am passionate about. I have been training very hard over the holiday period to get my body in condition to be able to undertake this huge challenge. If you would like to support my fundraising efforts, I will leave a money box with Bron in the front office, or you can visit my fundraising page on the link below, where you can donate online. Donations are tax deductible.

<https://www.tourdecure.com.au/profile/?memberId=86938&tourId=1032>

Every dollar will go directly towards much needed funds to help find a cure for cancer. The ride is hoping to raise \$70,000 this year.

Thanks for your support, much appreciated.

Clinton Slotegraaf



Please help Mr Slotegraaf in his fundraising efforts

Ashley's Corner

Welcome to the first Issue of Ashley's Corner!

To start off the year, we have five new teachers, and one new student teacher who is here with us for a good while. As a suggestion by Mrs. Morgan, I asked all the newest teachers at our school what they thought of the school thus far. Let's have a look.

Ashley: *What do you think of about the school so far?*

Jody Vlahandreas: Both the students and staff are friendly, the school itself feels calm and the facilities are amazing.

Samantha Cardwell – Student Teacher: The school is very welcoming and most students are very friendly. The buildings are well-kept and clean, with plenty of resources with them.

Jake Sharp: It's very welcoming. The students here are quite friendly as they like to learn. Students like to get outside of the classroom for a while.

Lia Mitchell: Everyone here is friendly and welcoming. I like how this school is a P-12, and is a rather decent size. The facilities here are also quite fabulous.

Catherine Rees: This school is friendly and well resourced. The buildings are new and well-kept and the staff are really helpful, they make me feel comfortable working here. Also, the students at this school feel fun.

Kerrie Sinclair: This is one of the better schools I've worked at. It's well managed and I like how it has smaller classes here. Facilities are brand new and leisure equipment is great.

As a final comment I want to say thank you to all teachers who gave some of their time up for this, and for Mrs. Morgan for the amazing suggestion.

Sincerely,

Ashley



HEALTH CORNER...with Adolescent Health Nurse Rosemary Bunge

Year 7 immunisation Parent Immunisation Information

The Secondary School Immunisation Program aims to ensure that students and communities are protected from diseases such as diphtheria, tetanus, whooping cough and human papilloma virus. Schools distribute the vaccine consent forms and **local council** delivers the program free of charge to all Year 7 students at school. The first date for Myrtleford P12 is March 8th.

The Secondary School Nurse Program supports this government initiative and the school Adolescent Health Nurse will be facilitating education and information workshops to all Year 7 students before the immunisation program commences this year.

Research demonstrates that immunisation saves lives and makes it possible for Victorians to live free from the illness and disability caused by many infectious diseases. The adverse and allergic reaction rates for these immunisations are extremely low and students will be monitored by staff following their immunisation to further safeguard this. It is normal to have some redness or swelling at the immunisation site, but this is only temporary.

Your student will bring the vaccine consent form home from school so please keep a lookout for this form and return the signed consent form to school, **whether your child is being immunised at school or not by the return date**. If you have any further queries please contact the immunisation department of your local council or online at www.immunehero.health.vic.gov.au

Myrtleford Lodge Visits

Exciting times ahead for our continued work with Myrtleford Lodge. This year as well as our Year 9 community visits (open to all year 9 students) we are taking the classroom to the Lodge. Year 10 Humanities will have their lesson on alternate Tuesday mornings down at the Lodge with the residents. The first topic is World War 2 so we are excited for what firsthand information some of the residents may have to share with the students. Primary classes will also continue to visit this year.

If you are in the front office at any time, make sure to have a look at the photo book of our visits from 2018.

Breakfast Tuesdays and Fridays

Breakfast is off to a flying start, with big numbers attending each week and lots of smiles. I have some very enthusiastic student helpers, which is great.

Remember breakfast is free to all students and staff from P-12, both mornings from 8.20am.

On Tuesday find us in the SLA for cheese toasties and on Friday in the canteen.

All you need is a smile, so see you there!

Quote for the week: Keep room in your heart for the unimaginable.

IN THE COMMUNITY

www.indigogymnastics.com.au/classes

Gymnastics Classes



Classes for ages 3 to 13yrs

Class times:
Monday: 2:30pm, 3:45pm, 4:45pm & 5:45pm

Term Dates: Feb 11th - April 1st
* no classes on Mar 11th or 25th

Location: Beechworth
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Great Hall

Register your interest today
spaces are limited

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www.indigogymnastics.com.au/classes

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@ The Myrtleford Swimming Pool

Friday 22 February 2019
5.30pm - 8pm

Pool inflatables
DJ Music
Games & Prizes
Food & Drink
for purchase

FREE Entry

We look forward to seeing you there

Children 12 & under **MUST** be supervised by an **ADULT**
No Alcohol No Drugs No Smoking
all ages event

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Phone: 0419 915 319 email : ydo@alpineshire.vic.gov.au



JUNIOR SOCCER

Boys & Girls Junior Registrations are OPEN for 2019

Age Groups & Training Times

U12 Boys 6pm Tues	U12 Girls 6.30pm Wed
U13 Boys 6.30pm Wed	
U14 Boys TBA	U14 Girls 6.30pm Wed
U16 Boys TBA	U16 Girls 6.30pm Wed
Thirds TBA	

Register at the Play Football link:
<https://www.playfootball.com.au/>

Come down to the Savoy Soccer Club for a try out, we'd love to see you there before kick off at Round 1 on March 17th! If you have any further queries please contact the Secretary:
Bernadette Hays - 0438403068
secretary@myrtlefordsoccer.com.au



Boys & Girls Teams

WANTED



**U12 GIRLS
TO PLAY IN A GIRL'S
SOCCER COMPETITION
ON SUNDAYS**

**AGES: 10 TO UNDER 12
IF YOU WANT
TO HAVE FUN**

**CALL DANI:
0408 645 231**

SOCCER GIRLS

THE COMMUNITY





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TOBACCO, HOPS AND TIMBER "HPA" CYCLE RIDE

**9AM START
MONDAY 11TH MARCH 2019
JONES PARK MYRTLEFORD**

TREASURE HUNT, QUIZ AND PRIZES

BYO - Bikes, Helmet, snack food, sunscreen a PEN and drinks
More info or bike hire Phone - 0439 488 378
Guided ride from Jones Park Myrtleford to HPA Rostrevor hops farm.
Stopping at Lupo's Kiln Cafe and Forest Fire Management along the way.
It will finish at HPA hops farm with a free BBQ.
Return bus available at a small cost, please phone "Bus a Bike" on 0409 806 458 to arrange pick up.
Otherwise ride back at your own leisure.
Approx arrival time to HPA Rostrevor hops farm around 11 - 11.30am
Children must be supervised by an adult








**ANNUAL GENERAL MEETING
FOR JUNIOR & SENIOR COMPETITION
Monday 25th February 2019
6pm @ The Buffalo Hotel**

We are calling for life member nominations. Please send your nominations to;
myrtlefordnetball@outlook.com
Senior & junior attendance is crucial to ensure competitions continue.

MYRTLEFORD'S WHOLE TOWN GARAGE SALE

**9th March 2019
\$25 per garage sale**
Registrations due on 1st March 2019



Registration forms available from the
The Myrtleford information centre.
Any enquiries contact Julie Newlands on 0417 469 599 or 57522697 after 5pm
Or email j.newls@bigpond.net.au for a registration form.
All money raised after advertising will be donated to
Mountain View Children's Centre.

Our fortnightly newsletter is available for your enjoyment:

- **On the Skoolbag app** available on Android and Apple devices. (Where you can also enjoy notifications about school related information, and access to parent forms)
- **On the College website** at <http://www.myrtlefordp12.vic.edu.au/>
- **Via email** (just let the office know and provide a valid email address)
- **By hard copy** on request

Our Sponsors....



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Everyday Cycling Solutions

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(03) 5752 1511 / 0407 967 309

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(03) 57521576
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